



YMCA Adventure Bound

Trekker's Acknowledgement of Risks

The YMCA does not want to frighten any potential trekkers or their families, nor do we want to dampen your enthusiasm for the adventure that lies before you, but we do believe it is necessary you be aware that once you are out of the nice safe environs of your home, there are things that may impinge on your safety and comfort. Most of what we are going to mention is common sense, and by now you are probably already chuckling (if you peeked at the list below). But, just in case you are extremely naïve, the law in the State of New Jersey requires we warn you of the following "inherent risks" related to adventure trips and outdoor trekking. The staff and leadership take every possible and reasonable precaution and there is really no reason to be overly concerned. This notice is a technicality. But, you are going into the wilderness, and things happen. The following describe some, but not all, of the potential risks you may face in wilderness travel:

Rock fall, slippery trails, lightning, falling trees, temperature extremes, altitude sickness, forest fire, falls of all kinds, unpredictable horses, wild animals (don't feed the bears or chipmunks!), unstable footing, storms, insect bites, whitewater (canoeing and rafting), careless acts of third parties beyond our control, poison ivy (and such), as well as the physical and mental stress brought on by the rigors of backpacking or paddling long stretches of river. Also, the occasional failure of fellow trekkers to follow instructions carefully and prudently despite the best efforts and intentions of the group leaders. Further, from time to time, equipment that was otherwise in excellent condition and properly rated for this type of use may fail for some unexplained reason. Finally - acts of God - earthquakes, tornadoes, volcanoes, hurricane - OK, OK, - you get the picture.

Signature of Trekker

Date

Signature Parent/Guardian

Date